



## Food Assistance Resource Guide

*Compiled by Community Resource Center at Northeast Arc*

This guide provides comprehensive information about food assistance resources available in the DDS Northeast Region. Resources are organized by city/town to help you quickly find services in your local area.

**Note that many of these resources serve multiple towns. Residency restrictions are noted where applicable.**

### How to Use This Guide

- Resources are grouped by city/town in alphabetical order
- Click on website links for the most current information
- Contact resources directly to confirm availability and eligibility
- Regional resources (not tied to a specific town) are listed first

# COMMUNITY RESOURCE CENTER

Northeast Arc's Community Resource Center connects individuals and families with valuable resources and events in their local communities. By providing access to these resources, the Community Resource Center empowers families and individuals to actively participate in community life, creating a sense of belonging and inclusion.

## DDS Northeast Region Community Resource Specialists

Scan the QR code to sign up to receive event newsletters from the Community Resource Specialist in your DDS Office Area.

North Shore

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Metro North

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### Resources

- Community Events
- Recreational Activities
- Support Groups
- Educational Workshops
- Social Opportunities
- Special Olympic Events

### Contact Us

Matthew Ataya  
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Resource Center

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Looking for Community Events? Visit  
 [ecommunityconnections.org](http://ecommunityconnections.org)



Resource Name	City/Town	Type of Meal Support	Days/Times Available	Address	Website/Link	Towns Served	Notes
			Wednesdays Doors open at 4:15pm Meal served 4:30pm-5:30pm				
Mt. Calvary Lutheran Church Community Supper	Acton	Prepared Meal	*Open 11/18 4:00-5:00 for Thanksgiving Dinner. Closed 11/25	472 Massachusetts Ave	<a href="https://www.mtcalvaryacton.org/community-supper">https://www.mtcalvaryacton.org/community-supper</a>	All Towns	Monthly Community Meals. See Facebook for menu No registration required. All are welcome.
West Acton Baptist Church: Little Free Pantry	Acton	Little Pantry	24/7	592 Mass Ave	<a href="https://boxboroughucc.org/little-free-pantry/">https://boxboroughucc.org/little-free-pantry/</a>	All Towns	Food Pantry is located next to parking lot and available 24/7 to anyone needing food.
Congregation Beth Elohim: Little Free Pantry	Acton	Little Pantry	24/7	133 Prospect Street	<a href="https://boxboroughucc.org/little-free-pantry/">https://boxboroughucc.org/little-free-pantry/</a>	Central Middlesex area	Food Pantry just off the driveway on the left at the first turnoff, as you enter driveway. Free and open 24/7.
Weekly Meal Kits for Pickup at AB Regional High School	Acton	Other	Weekly on Tuesdays following school calendar	36 Charter Road	<a href="https://www.facebook.com/photo/?fbid=4697751263631345&amp;set=ecnf.100069883732725">https://www.facebook.com/photo/?fbid=4697751263631345&amp;set=ecnf.100069883732725</a>	Acton, Boxborough	Weekly meal kits for pickup at the high school. Closed 11/25 and 12/23.
Backpack Food Program for Elementary Schools	Acton, Boxborough	Other	Weekly, following school calendars	Acton-Boxborough Elementary Schools	<a href="https://sites.google.com/abuw.org/resources/food-security">https://sites.google.com/abuw.org/resources/food-security</a>	Acton, Boxborough	The Backpack Food Program is available to all Acton-Boxborough students. For elementary students, please fill out and return the form at the following link to your child's school: <a href="https://drive.google.com/file/d/1Z2HJ4620y10NtEv-4juveQX_UWkYFeV3/view">https://drive.google.com/file/d/1Z2HJ4620y10NtEv-4juveQX_UWkYFeV3/view</a> A food pantry is also available for shopping at the Junior High and High School for student access.
Our Neighbors' Table Wednesday Community Meals	Amesbury	Prepared Meal	Wed. Nov. 19 4:00PM-6:00PM	Main Street Congregational Church - 145 Main Street	<a href="https://www.ourneighborstable.org/community-meals.html">https://www.ourneighborstable.org/community-meals.html</a>	All Towns	Serving traditional Thanksgiving meal on this date. Takeout opens at 3 PM from Green Side Door. No income requirements or geographic limitations, no pre-registration required. Vegetarian options available.
Our Neighbors' Table Wednesday Community Meals	Amesbury	Prepared Meal	Wed. Nov. 26 4:00PM-6:00PM	Main Street Congregational Church - 145 Main Street	<a href="https://www.ourneighborstable.org/community-meals.html">https://www.ourneighborstable.org/community-meals.html</a>	All Towns	Serving sausages, potato wedges, and mixed veggies on this date. Takeout opens at 3 PM from Green Side Door. No income requirements or geographic limitations, no pre-registration required. Vegetarian options available.
Our Neighbors' Table@ Main Street Congregational	Amesbury	Prepared Meal	Every Wed. 4:00 - 6:00 pm, take-out beginning at 3:00 pm.	145 Main Street, Amesbury	<a href="https://www.ourneighborstable.org/community-meals.html">https://www.ourneighborstable.org/community-meals.html</a>	All Towns	
ONT Amesbury Market	Amesbury	Food Pantry	Thursdays: 10:30 am - 6:30 pm, Fridays: 9:00 am - 3:00 pm	194 Main St, Amesbury	<a href="https://www.ourneighborstable.org/th-e-markets.html">https://www.ourneighborstable.org/th-e-markets.html</a>	All Towns	
Community Action Inc. Amesbury Center	Amesbury	Food Pantry	Mon.-Fri. 9am-4pm	44 Friend St. Amesbury	<a href="https://caihaverhill.org/amesbury-center/">https://caihaverhill.org/amesbury-center/</a>	Amesbury	Please call ahead to schedule an appointment to shop.
Neighbors in Need Food Pantry @ South Church	Andover	Food Pantry	Thurs. 4-5PM	41 Central Street, Andover, MA	<a href="https://needfood.org/get-help/#get-food">https://needfood.org/get-help/#get-food</a>	All Towns	
Neighbors in Need @ Robb Center	Andover	Prepared Meal	Thurs. 4-5PM	30 Whittier Ct Andover, MA	<a href="https://needfood.org/get-help/#get-food">https://needfood.org/get-help/#get-food</a>	All Towns	No residency, age, or income restrictions
Village Food Hub	Andover	Community Fridge	24/7	23 Clark Road, Andover	<a href="https://www.villagefoodhub.org/pantry-program.html">https://www.villagefoodhub.org/pantry-program.html</a>	Andover, North Andover, Lawrence only	Fridge & lockers outside next to Ballardvale United Church
MVYMCA @ The Robb Center	Andover	Food Pantry	2nd Wednesday each month 10AM-12PM	30 Whittier Ct Andover, MA		All Towns	No residency, age, or income restrictions
Arlington EATS	Arlington	Food Pantry	Mondays 2-7pm (2-4pm senior hours*) Tuesdays 9am-12:30pm Wednesdays 9am-12pm and 4-6pm Saturdays 9am-1pm  Drop-ins allowed after 10am; appointments preferred	117 Broadway, Suite A	<a href="https://sites.google.com/abuw.org/resources/food-security">https://sites.google.com/abuw.org/resources/food-security</a>	Arlington	Appointments preferred. Proof of residence and initial registration required. Online appointment platform, PantrySoft, available. Council on Aging van provides rides to seniors. Please bring your own shopping bags if possible. One person from household per visit. School-based Snack Program available by contacting your teacher or principal. <a href="https://app.pantrysoft.com/login/arlingtonneats">https://app.pantrysoft.com/login/arlingtonneats</a>
Bedford Food Bank	Bedford	Food Pantry	Thursdays 3:30pm-5:30pm	10 Mudge Way, Bedford	<a href="https://sites.google.com/abuw.org/resources/food-security">https://sites.google.com/abuw.org/resources/food-security</a>	Bedford	Access the drive-through behind the Town Center (Yellow) Building at 10 Mudge Way. Home delivery program for homebound and disabled residents – call 781-275-7727. Self-service locker program - guests who cannot attend the drive-through program can come to the Town Center and retrieve their distribution at their convenience.

Resource Name	City/Town	Type of Meal Support	Days/Times Available	Address	Website/Link	Towns Served	Notes
Beverly Bootstraps	Beverly	Food Pantry	Monday – 10:00 am – 4:00 pm Tuesday – 1:00 pm – 6:00pm Wednesday – 10:00 am – 6:00pm Thursday – 10:00am – 2:00pm	35 Park Street Beverly, MA	<a href="https://beverlybootstraps.org/what-we-do/food-assistance-programs/">https://beverlybootstraps.org/what-we-do/food-assistance-programs/</a>	Beverly, Manchester, Essex, Hamilton, and Wenham	Please bring proof of residence (such as a piece of mail postmarked within the last 30 days). Food pantry intake form and new client registration hours listed on website.  Mobile markets to some apartment communities during the summer. Check website for schedule. Refrigerated food lockers also available for pickup during off hours, place order online ahead of time.
First Baptist Church	Beverly	Prepared Meal	Mondays at 6:00pm Saturdays at 12:30pm	221 Cabot St. Beverly, MA	<a href="https://www.fbcbeverly.org/event/monday-night-supper-2/all/">https://www.fbcbeverly.org/event/monday-night-supper-2/all/</a>		Community Meal
First Parish Unitarian	Beverly	Prepared Meal	Tuesdays at 5:30 - 7:00pm	225 Cabot St. Beverly, MA	<a href="https://firstparishbeverly.org/social-justice-action/monday-and-tuesday-night-suppers/">https://firstparishbeverly.org/social-justice-action/monday-and-tuesday-night-suppers/</a>		Community Meal
Living Faith United Methodist Church	Beverly	Prepared Meal	Wednesdays and Thursdays at 6:00pm	2 Dane St. Beverly, MA	<a href="https://www.living-faithumc.org/">https://www.living-faithumc.org/</a>		Community Meal
St. Peter's Episcopal Church	Beverly	Prepared Meal	Fridays and Sundays at 6:00pm	4 Ocean St. Beverly, MA	<a href="https://stpetersbeverly.org/outreach/">https://stpetersbeverly.org/outreach/</a>		Community Meal
Beverly SDA Church	Beverly	Food Pantry	Second Sunday - 1:00 - 2:00pm	499 Rantoul St Beverly, MA	<a href="https://beverlyma.adventistchurch.org/ministries">https://beverlyma.adventistchurch.org/ministries</a>		
Living Hope Church of the Nazarene Food Pantry	Beverly	Food Pantry	Thursday, 10am – 12pm	556 Cabot St. Beverly, MA	<a href="https://www.beverlychurch.org/">https://www.beverlychurch.org/</a>	Beverly	Beverly residents with proof of residence may take home a prepackaged bag of non-perishable goods as well as items donated from Henry's and Shaws Markets
Billerica Community Food Pantry	Billerica	Food Pantry	Distribution appointments are scheduled during the weeks of the second (2nd) and fourth (4th) Mondays of each month, as follows:  Monday – 4 to 7pm Tuesday – 9am to 1pm Saturday (2nd week only) – 9am to noon Recipients must register in advance for an appointment.	70 Concord Rd., Billerica, MA	<a href="https://billericacommunitypantry.com/">https://billericacommunitypantry.com/</a>		
Billerica Farmers' Market	Billerica	Farmers' Market	SEASONAL Mondays, 3pm-7pm (June-Sept)	Town Center, Billerica, MA	<a href="https://www.billericacommunityfarmermarket.org/">https://www.billericacommunityfarmermarket.org/</a>		
Acton Food Pantry	Boxborough	Food Pantry	Wednesdays 10:00am-7:00pm  Thursdays 9:30am-11:30am  *Closed 4th week of each month	235 Summer Road, Boxborough  (Building #1, Lower Level in the Boxborough Business Park)  Reachable by Acton CAT and Boxborough MART bus	<a href="https://www.actonfoodpantry.org/">https://www.actonfoodpantry.org/</a> <a href="https://boxboroughucc.org/little-free-pantry/">https://boxboroughucc.org/little-free-pantry/</a>	Acton, Boxborough	Registration preferred but not required. Register here: <a href="https://gbfb.oasisinsight.net/kiosk/13407e9afdab699c8a5346f23ebb-be968cdd01873c8d8643f364901741def0b3/">https://gbfb.oasisinsight.net/kiosk/13407e9afdab699c8a5346f23ebb-be968cdd01873c8d8643f364901741def0b3/</a>
United Church of Christ Boxborough: Little Free Pantry	Boxborough	Food Pantry	24/7	723 Mass Ave		All Towns	Free small pantry open to all needing food at any time when stocked.
Burlington Community Food Pantry / People Helping People	Burlington	Food Pantry	Tuesdays 3:00pm-7:00pm Wednesday 11:00am-1:00pm Thursday 10:00am-12:00pm	21-23 Murray Ave	<a href="https://peoplehelpingpeopleinc.org/programs.html">https://peoplehelpingpeopleinc.org/programs.html</a>	Burlington residents meeting income guidelines	Registered clients may visit weekly without an appointment during distribution hours. Call or email (see Contact Info) for an appointment to apply for registration.
Minuteman Senior Servicesn - Meals on Wheels	Burlington	Other	Monday - Friday 9:00am-5:00pm  Special Thanksgiving Meal on 11/20 Extra Frozen meals on 11/26 CLOSED 11/26-27	1 Burlington Woods Drive, Suite 101	<a href="https://minutemansenior.org/">https://minutemansenior.org/</a>	Acton, Arlington, Bedford, Boxborough, Burlington, Carlisle, Concord, Harvard, Lexington, Lincoln, Littleton, Maynard, Stow, Wilmington, Winchester, Woburn	To make a FREE appointment and speak with a SHINE counselor, please contact the Minuteman SHINE department at 781-221-7029 or email SHINE@MinutemanSenior.org
Chelmsford Community Exchange	Chelmsford	Food Pantry	Wednesdays: 5:00 PM to 8:00 PM Thursdays: 2:00 PM to 4:00 PM Fridays: 6:30 PM – 8:00 PM	50 Rear Billerica Rd., Chelmsford, MA	<a href="https://chelmsfordfoodpantry.org/">https://chelmsfordfoodpantry.org/</a>		

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Table of Plenty @ Chelmsford Senior Center	Chelmsford	Prepared Meal	Tuesdays 5pm-6pm	75 Groton Rd., Chelmsford, MA	<a href="https://tableofplentyinchelmsford.org/">https://tableofplentyinchelmsford.org/</a>		Community meal, open to all.
Chelmsford Farmers' Market	Chelmsford	Farmers' Market	Seasonal Market on the Common Every Saturday from late May through mid-October 11:00 AM - 2:00 PM	Chelmsford Town Common 7 Academy St., Chelmsford, MA	<a href="https://www.chelmsfordma.gov/94/Events">https://www.chelmsfordma.gov/94/Events</a>		
Chelmsford Winter Farmers Market	Chelmsford	Farmers' Market	Saturdays, 10-1, November to Mid March	Weston Nurseries 160 Pine Hill Road	<a href="https://www.westonnurseries.com/chelmsford-winter-farmers-market/">https://www.westonnurseries.com/chelmsford-winter-farmers-market/</a>		
Danvers People to People Food Pantry	Danvers	Food Pantry	Tues/Thurs 9am – 12pm First and third Wednesday 4:00 – 6:00pm	12 Sylvan Street Danvers, MA	<a href="https://www.danverscommunitycouncil.com/danvers-people-to-people-food-pantry">https://www.danverscommunitycouncil.com/danvers-people-to-people-food-pantry</a>	Danvers	Must provide proof of residence with utility bill, not just ID, at each visit. * Any time schools are closed for snow, the Pantry will be closed.
Dracut Food Pantry	Dracut	Food Pantry	4th Sat of Month 9–12 PM	1934 Lakeview Ave., Dracut, MA	<a href="https://dracutfoodpantry.com/">https://dracutfoodpantry.com/</a>		
Loaves and Fishes Food Pantry	Dunstable	Food Pantry	Wednesday & Friday 9am-12pm 1st Tuesday of month 4pm-7pm 3rd Saturday of month 9am-12pm 9:00 a.m. to 12:00 p.m. Last Thursday of month 9am-12pm  Wednesdays 1:30 p.m. to 4:30 p.m. Special Federal Employee Sessions  *Closed 11/27, 11/28, 12/24, & 12/25  Thanksgiving Dinner Distribution: Monday, 11/24 9am-1pm & 5pm-7pm  Holiday Dinner Distribution: Wednesday, 12/17 9am-1pm & 5pm-7pm	234 Barnum Rd., Devens, MA	<a href="https://loavesfishespantry.org/need-help">https://loavesfishespantry.org/need-help</a>	Ayer, Devens, Dunstable, Groton, Harvard, Littleton, Shirley	We never turn anyone away. You will receive pre-packed groceries one time only as well as a list of other resources in your area.
Everett Mobile Market	Everett	Food Pantry	Thursday 3:30pm-5pm	Lafayette School 117 Edith Street Everett, MA 02149	<a href="https://breadoflifemalden.org">https://breadoflifemalden.org</a>	Everett	"Grab-and-go" distribution by drive-thru or walk-up. Groceries can be picked up weekly. Households are required to complete a pantry application in advance of receiving food. Applications can be completed in person at 54 Eastern Avenue, Malden, MA, on Mondays 12-5pm, Wednesdays 1-4pm or Fridays 1-4pm.
Family Care Pantry	Everett	Food Pantry	Monday 5pm-8pm	1691 Revere Beach Parkway Everett, MA 02149	<a href="https://breadoflifemalden.org">https://breadoflifemalden.org</a>		A household may pick up groceries as often as once per week. All are welcome to access, no application needed!
Everett Grace Food Pantry	Everett	Food Pantry	Saturday 9:15am Sunday 10am-11am	50 Church Street Everett, MA 02149	<a href="https://facebook.com/gracefoodpantryeverett/">https://facebook.com/gracefoodpantryeverett/</a>		Everett Grace Food Pantry & Outreach offers a food pantry has no residency requirement, all are welcome! The mission behind Everett Grace Food Pantry & Outreach is that that they everyone from low-income families, single parents, senior citizens, unemployed individuals, disabled veterans, working poor, and anyone else in need of assistance. Bring your own bags, no ID required. Arrive by 9am to get a number.
City of Everett Hot Meals	Everett	Prepared Meal	Monday 4:30pm Friday 3pm	Connolly Center 90 Chelsea Street Everett, MA 02149	<a href="https://tinyurl.com/EverettSNAPFood">https://tinyurl.com/EverettSNAPFood</a>	Everett	Grab-and-go meals provided for up to 200 Everett residents by partners Massimino's (Mondays, pasta) and North Shore Community Church/AWMI (Fridays, protein/starch/veggie). If coming to the Connolly Center is a hardship, please call Simone Holyfield at 617-394-2454 to make alternate pick-up or drop-off arrangements.

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City of Everett Community Fridge	Everett	Community Fridge	24/7	Located between West Street and Wellington Avenue	<a href="https://tinyurl.com/EverettSNAPFood">https://tinyurl.com/EverettSNAPFood</a>		Publicly accessible community fridge. This fridge is funded using Citizens Foundation Grant funds. This fridge is normally stocked monthly with produce, canned goods, pantry staples, grains, and dairy items; for the month of November, it will be stocked weekly.
Georgetown COA	Georgetown	Prepared Meal	Mondays & Thursdays 8:30am-3:30pm, for ages 60 + grab and go call week before for pickup on Wednesdays 12pm-3pm	51 North Street, Georgetown	<a href="https://georgetownma.gov/departments/council_on_aging/coa_outreach_services.php">https://georgetownma.gov/departments/council_on_aging/coa_outreach_services.php</a>	Georgetown	Grab and Go lunches Monday-Thursday noon, Reservations must be made at least one week in advance by calling the COA or in person.
Grace Center(Lifebridge)	Gloucester	Prepared Meal	Breakfast – 8:30 – 10:00 am Lunch – 12:00 Noon Mon - Fri: 4:30 - 5:30pm	264 Main St Gloucester, MA	<a href="https://lifebridgenorthshore.org/locations/grace-center/">https://lifebridgenorthshore.org/locations/grace-center/</a>		Community Meal
The Open Door	Gloucester	Prepared Meal	Senior Soup and Salad Thursdays and Fridays at 11:30 a.m. Rose Baker Senior Center 6 Manuel F Lewis Street, Gloucester MA 01930 JOIN US for hot soup, sandwiches, salad, chips, and dessert!	28 Emerson Avenue, Gloucester, MA	<a href="https://foodpantry.org/get-help/programs-services/fresh-meals/">https://foodpantry.org/get-help/programs-services/fresh-meals/</a>		Fresh in person meal! Special diet? Allergies to food? Let us know ASAP when you arrive!
The Open Door	Gloucester Ipswich	Food Pantry	Gloucester: Pick-up Hours: Monday 9:45am – 6:00pm Tuesday 8:30am – 6:00pm Wednesday 8:30am – 6:00pm Thursday 8:30am – 6:00pm Friday 8:30am – 6:00pm  Ipswich: Location: 00 Southern Heights, Ipswich, MA  Pick-up Hours: Wednesdays and Thursdays from 10:30am to 5:00pm	Gloucester: 28 Emerson Ave Gloucester, MA  Ipswich: 00 Southern Heights Ipswich, MA	<a href="https://www.foodpantry.org/">https://www.foodpantry.org/</a>	Gloucester location serves: Gloucester, Rockport, Ipswich, Manchester, Essex  Ipswich location serves: Ipswich, Rowley, Topsfield, Boxford, Hamilton, and Wenham.	Our pantries in Gloucester and Ipswich offer weekly curbside grocery pickup and limited delivery Milk, produce, eggs, meat, cheese, dry and canned goods. Free delicious meals ready to eat. Diapers and pet food. Apply to use our refrigerated food lockers in Gloucester and Ipswich to pick-up groceries after hours and on weekends. Online shopping available!  Mobile Market Pop Ups are also available throughout the Northshore (Gloucester, Essex, Rockport, Danvers, Manchester). See full schedule here: <a href="https://foodpantry.org/get-help/programs-services/mobile-market/">https://foodpantry.org/get-help/programs-services/mobile-market/</a>  You must comply with current TEFAP Income Guidelines to qualify for our food services. TEFAP income guidelines here: <a href="https://foodpantry.org/wp-content/uploads/2025/05/TEFAP2526g.png">https://foodpantry.org/wp-content/uploads/2025/05/TEFAP2526g.png</a>
Groveland Congregational Church Community Lunch	Groveland	Prepared Meal	Sat. Nov. 15 11:30AM-1:00PM	Groveland Congregational Church - 4 King Street	<a href="https://www.facebook.com/gccucc/posts/pfbid02uFNVkiiifF62tPS5ZLby5wTQ6crg4XwWsWfuF3xwb6a5vXtPhzAD7uZLcYuBJnaHl">https://www.facebook.com/gccucc/posts/pfbid02uFNVkiiifF62tPS5ZLby5wTQ6crg4XwWsWfuF3xwb6a5vXtPhzAD7uZLcYuBJnaHl</a>	All Towns	Community meal, open to all.
Groveland COA	Groveland	Food Pantry	Food Pantry, Works with ONT for food delivery	183 Main Street, Groveland	<a href="https://www.grovelandma.com/government/boards_committees/coa/index.php">https://www.grovelandma.com/government/boards_committees/coa/index.php</a>	Groveland	

Resource Name	City/Town	Type of Meal Support	Days/Times Available	Address	Website/Link	Towns Served	Notes	
			<p>Main Location: Wed. 9:30AM – 11:00AM Thu. 10:00AM – 11:00AM (Seniors 60+ only) Thu. 6:30PM – 7:30PM Sat. 9:00AM – 11:00AM</p> <p>Mobile Markets: Essex COA - First Friday, 10:30am - 11:30am Hamilton Housing Authority - First and third Mondays, 9 - 9:30am Hamilton COA - Second and fourth Mondays, 11:45am - 12:30pm Little Brook Village in Topsfield - First Monday, 10:30 - 11:30am Enon Village in Wenham - Fourth Tuesday, 10am - 11am Maple Woods in Wenham - First and third Tuesdays, 9:30 - 10:30am</p>					<p>'No income restrictions, just proof of residence. Current proof of address, such as a utility bill, is required for every visit. May get food once every 7 days.</p> <p>Essex, Hamilton, Ipswich, Manchester, Topsfield, and Wenham</p>
Acord Food Pantry	Hamilton	Food Pantry	9:30 - 10:30am	69 Willow Street South Hamilton, MA	<a href="https://www.acordfoodpantry.org/">https://www.acordfoodpantry.org/</a>		Additional support available during school vacations, summer break, and holidays.	
Calvary Baptist Church	Haverhill	Food Pantry	Call for details	12 Ashland St. Haverhill		Haverhill		
West Congregational Church	Haverhill	Food Pantry	Call for details	767 Broadway Haverhill	<a href="https://www.westchurch.org/events/detail/family-kitchen-food-pantry/83239-1719979200/">https://www.westchurch.org/events/detail/family-kitchen-food-pantry/83239-1719979200/</a>	Haverhill		
Liz Murphy Open Hand Pantry at UUCH	Haverhill	Food Pantry	Tues. 4-7PM	16 Ashland St. Haverhill	<a href="https://www.stgabrielhaverhill.org/open-hand-pantry">https://www.stgabrielhaverhill.org/open-hand-pantry</a>	Haverhill		
Universalist Unitarian Church (UUCH)	Haverhill	Prepared Meal	Sat. 2:30 - 4PM	16 Ashland St. Haverhill	<a href="https://www.uuhaverhill.org/service-and-justice/feeding-the-hungry">https://www.uuhaverhill.org/service-and-justice/feeding-the-hungry</a>	Haverhill		
Community Action Drop-In at UUCH	Haverhill	Food Pantry	Mon. - Fri. 8AM- 12PM	16 Ashland St. Haverhill	<a href="https://www.uuhaverhill.org/service-and-justice/feeding-the-hungry">https://www.uuhaverhill.org/service-and-justice/feeding-the-hungry</a>	Haverhill		
All Saints Parish	Haverhill	Food Pantry	1st and 3rd Sautrday every month 10AM-12PM	120 Bellevue Ave. (Rectory) Haverhill	<a href="https://allsaintshaverhill.org/food-pantry">https://allsaintshaverhill.org/food-pantry</a>	Haverhill	New clients fill out an application on their first visit and can receive food the same day. To apply, you need proof of name and current address, plus first and last names and birth dates of all household members, and must be able to state your household income.	
Salvation Army Haverhill Corps	Haverhill	Food Pantry	Call for details	395 Main St. Haverhill	<a href="https://easternusa.salvationarmy.org/massachusetts/haverhill/">https://easternusa.salvationarmy.org/massachusetts/haverhill/</a>	Haverhill		
Sacred Hearts Parish (Pantry is beside the rectory)	Haverhill	Food Pantry	Call for details	16 Carleton Ave. Bradford	<a href="https://sacredheartparish.com/serving-our-neighbors">https://sacredheartparish.com/serving-our-neighbors</a>	Haverhill	Bring proof of current Haverhill residency or a valid ID	
Open Hearts First Baptist	Haverhill	Food Pantry	Call for details	217 Main St. Haverhill		Haverhill		
Holy Apostles Greek Orthodox Church	Haverhill	Food Pantry	Call for details	154 Winter St. Haverhill		Haverhill		
Common Ground Food Pantry	Haverhill	Food Pantry	Call for details	194 Winter St. Haverhill	<a href="https://cgmcafe.org/services/cgm-food-pantry">https://cgmcafe.org/services/cgm-food-pantry</a>	Haverhill	To arrange for a pickup call Monday thru Friday 8:00 am to 2:00 pm. Entry to the Food Bank is on the left side of the building towards the rear. You may not be working and have a need for food; we can help! If you are handicapped, or do not have a vehicle, a delivery can be scheduled.	
Common Ground Café	Haverhill	Prepared Meal	Mon. - Fri. 12-3:30PM Coffee & snacks Sat. - Sun. 7-9AM Breakfast	194 Winter St. Haverhill	<a href="https://cgmcafe.org/services/cgm-café">https://cgmcafe.org/services/cgm-café</a>	Haverhill	Only for those experiencing homelessness and emergency hunger.	
Changing Lives Christian Church	Haverhill	Food Pantry	Every Sunday 9AM-10AM	17 Newcomb St. Haverhill	<a href="https://www.changingliveschristianchurch.com/food-pantry/">https://www.changingliveschristianchurch.com/food-pantry/</a>	Haverhill		
Somebody Cares New England	Haverhill	Food Pantry	Call for details	358 Washington St. Haverhill	<a href="https://somebodycaresne.org/food-pantry/">https://somebodycaresne.org/food-pantry/</a>	Haverhill		
AgeSpan Mobile Market AmVets Post 147	Haverhill	Food Pantry	1st Tuesday of every month	576 Primrose Avenue, Haverhill, MA	<a href="https://agespan.org/solutions/nutrition-and-food-security/">https://agespan.org/solutions/nutrition-and-food-security/</a>	All Towns	Open to Merrimack Valley residents 60 and older or an adult with a disability. Participants must complete an application. available at Councils on Aging (senior centers) and public and private housing offices. You may also call AgeSpan and request an application.	
Veterans Northeast Outreach Center	Haverhill	Food Pantry	Thursdays 10am-2pm	10 Reed St, Haverhill, MA	<a href="https://events.riseup.vet/greaterbostonvets/detail/4200/175759920000">https://events.riseup.vet/greaterbostonvets/detail/4200/175759920000</a>	All Towns	Veterans and their families only	

Resource Name	City/Town	Type of Meal Support	Days/Times Available	Address	Website/Link	Towns Served	Notes
Somebody Cares New England	Haverhill	Food Pantry	Last Thursday of the month (Except during November & December - we open the Thursday BEFORE the holiday) 10am – Elderly & Disabled, 11am-2:30pm – All others	358 Washington Street Haverhill, MA	<a href="https://somebodycaresne.org/food-pantry/">https://somebodycaresne.org/food-pantry/</a>	All Towns	Any Haverhill resident in need is welcome to come! If it's your first time visiting the food pantry, please make sure and bring an ID or proof of address
Ipswich Dinner Bell	Ipswich	Prepared Meal	Mondays 5 - 6pm	Masonic Hall 70 Topsfield Road, Ipswich, MA	<a href="https://ipswichdinnerbell.org/index.html">https://ipswichdinnerbell.org/index.html</a>		Free and all are welcome for to join for a community meal!
House of Mercy	Lawrence	Prepared Meal	Mon-Fri 9AM-10AM, 11:30AM-1:30PM	85 Baystate Rd. Lawrence, MA		Lawrence	
Bread and Roses	Lawrence	Prepared Meal	Mon-Thurs. 4PM-6PM	58 Newbury Street Lawrence, MA	<a href="https://breadandroseskitchen.org/community-meals">https://breadandroseskitchen.org/community-meals</a>	Lawrence	
Lazarus House Soup Kitchen	Lawrence	Prepared Meal	Everyday 8:30AM-9:30AM, 11:30AM-1PM	260 Park Street Lawrence, MA	<a href="https://lazarushouse.org/services/food/">https://lazarushouse.org/services/food/</a>	Lawrence	
Lawrence Community Fridge	Lawrence	Community Fridge	24/7	163 East Haverhill Steet Lawrence, MA	<a href="https://lawrencefridge.neocities.org/">https://lawrencefridge.neocities.org/</a> <a href="https://www.facebook.com/MayorLawrenceMA/posts/pfbid02S3AhaVtfqnlwLg5pSY1N4Tjs613E7qP9j7xiUgPK1Qn4S5sgT2XxkVqdRBT29wKtRI">https://www.facebook.com/MayorLawrenceMA/posts/pfbid02S3AhaVtfqnlwLg5pSY1N4Tjs613E7qP9j7xiUgPK1Qn4S5sgT2XxkVqdRBT29wKtRI</a>	Lawrence	LAWRENCE RESIDENTS ONLY Valid ID showing Lawrence residency and SNAP benefit card required. Please call phone number for questions.
Citywide Emergency Food and Goods Drive	Lawrence	Food Pantry	Every Saturday 9am-5pm	530 Broadway, Lawrence	<a href="https://www.facebook.com/MayorLawrenceMA/posts/pfbid02S3AhaVtfqnlwLg5pSY1N4Tjs613E7qP9j7xiUgPK1Qn4S5sgT2XxkVqdRBT29wKtRI">https://www.facebook.com/MayorLawrenceMA/posts/pfbid02S3AhaVtfqnlwLg5pSY1N4Tjs613E7qP9j7xiUgPK1Qn4S5sgT2XxkVqdRBT29wKtRI</a>	Lawrence	LAWRENCE RESIDENTS ONLY Valid ID showing Lawrence residency and SNAP benefit card required. Please call phone number for questions.
Centro Cristiano Camino de la Salvacion	Lawrence	Food Pantry	Sat., 2nd and 4th of the Month 9AM-12PM	454 Essex Street, Lawrence, MA		Lawrence	
Cor Unum Meal Center	Lawrence	Prepared Meal	Everyday 6AM-8AM, 4:30PM-6:30PM	191 Salem Street Lawrence, MA	<a href="https://www.facebook.com/p/Cor-Unum-Meal-Center-100064442509884/">https://www.facebook.com/p/Cor-Unum-Meal-Center-100064442509884/</a> <a href="https://easternusa.salvationarmy.org/massachusetts/lawrence/">https://easternusa.salvationarmy.org/massachusetts/lawrence/</a> <a href="https://breadandroseskitchen.org/emergency-food-pantry">https://breadandroseskitchen.org/emergency-food-pantry</a>	Lawrence	
Salvation Army- Lawrence	Lawrence	Food Pantry	Wed. 9AM-1PM	250 Haverhill Street, Lawrence, MA	<a href="https://easternusa.salvationarmy.org/massachusetts/lawrence/">https://easternusa.salvationarmy.org/massachusetts/lawrence/</a> <a href="https://breadandroseskitchen.org/emergency-food-pantry">https://breadandroseskitchen.org/emergency-food-pantry</a>	Lawrence	Families of 3+/Familias de 3+
Bread and Roses	Lawrence	Food Pantry	Mon. & Wed. 1-3PM	58 Newbury Street, Lawrence, MA	<a href="https://breadandroseskitchen.org/emergency-food-pantry">https://breadandroseskitchen.org/emergency-food-pantry</a>	Lawrence	First come, first serve.
Food for the World	Lawrence	Food Pantry	1st & 3rd Mon. of the Month 10AM-11AM	46-48 Fitz Street, Lawrence, MA	<a href="https://www.foodfortheworld.org/">https://www.foodfortheworld.org/</a>	Lawrence	
Neighbors in Need @ Iglesia Adventista Del Septimo Dia Jerusalem	Lawrence	Food Pantry	Tues. 9AM-10:30AM	198 S Broadway, Lawrence, MA	<a href="https://peoplesfoodpantry.org/">https://peoplesfoodpantry.org/</a>	Lawrence	
AgeSpan Mobile Market Lawrence	Lawrence	Food Pantry	3rd Tues. of the Month 10AM-12PM	136 Water Street, Lawrence, MA	<a href="https://agespan.org/solutions/nutrition-and-food-security/">https://agespan.org/solutions/nutrition-and-food-security/</a>	All Towns	Must bring own bags and complete an application at the market/Debe traer sus propias bolsas y completar una solicitud en el mercado. Open to Merrimack Valley residents of all ages on a first-come, first-served basis.
Boys and Girls Club	Lawrence	Food Pantry	Wed. 9AM-11AM	516 Essex Street, Lawrence, MA	<a href="https://www.foodfortheworld.org/">https://www.foodfortheworld.org/</a>	Lawrence	
Food for the World Inc.	Lawrence	Food Pantry	Wed. 9AM-11AM	516 Essex Street, Lawrence, MA	<a href="https://www.foodfortheworld.org/">https://www.foodfortheworld.org/</a>	Lawrence	
Food for the World	Lawrence	Food Pantry	Fri. 1PM-3PM	35 Common Street, Lawrence, MA		Lawrence	
Salvation Army- Lawrence	Lawrence	Food Pantry	Thurs. 9AM-11AM	250 Haverhill Street, Lawrence, MA	<a href="https://easternusa.salvationarmy.org/massachusetts/lawrence/">https://easternusa.salvationarmy.org/massachusetts/lawrence/</a> <a href="https://lazarushouse.org/services/food/">https://lazarushouse.org/services/food/</a>	Lawrence	Families of 1-2/Familias de 1-2
Lazarus House Food Pantry	Lawrence	Food Pantry	Wed. 9AM-2PM	242 Hampshire Street Lawrence, MA	<a href="https://lazarushouse.org/services/food/">https://lazarushouse.org/services/food/</a>	Lawrence	
YMCA Lawrence	Lawrence	Food Pantry	Thurs. 3PM-4PM	40 Lawrence Street, Lawrence, MA	<a href="https://mvyymca.org/pantry/">https://mvyymca.org/pantry/</a>	Lawrence	
House of Mercy	Lawrence	Food Pantry	Thurs. 10:30AM-11:30AM	85 Bay State Rd, Lawrence, MA		Lawrence	Must attend service/Debe asistir al servicio
Neighbors in Need @ Boys and Girls Club	Lawrence	Food Pantry	Thurs. 9AM-10:30AM	136 Water Street, Lawrence, MA	<a href="https://needfood.org/get-help/#get-food">https://needfood.org/get-help/#get-food</a>	Lawrence	
Water Source Food Pantry	Lawrence	Food Pantry	Wed. 10AM-12PM	93 Essex Street, Lawrence, MA		Lawrence	
Neighbors in Need @ Ministerio Apostolico Jesucristo es el Senior	Lawrence	Food Pantry	Fri. 9AM-10:30AM	96 East Haverhill Street, Lawrence, MA	<a href="https://needfood.org/get-help/#get-food">https://needfood.org/get-help/#get-food</a>	Lawrence	
Lexington Food Pantry	Lexington	Food Pantry	Saturdays 9:30am-12:30pm	Church of Our Redeemer 6 Meriam Street	<a href="https://www.lexingtonfoodpantry.org/">https://www.lexingtonfoodpantry.org/</a>	Lexington	To place an order, fill out the form at this link by 10:00am on Friday: <a href="https://docs.google.com/forms/d/e/1FAIpQLSc09ZSHfzAw6GEPvmCGXrm5IYKb0NROH5hqCZZCFv5B93cjA/viewform">https://docs.google.com/forms/d/e/1FAIpQLSc09ZSHfzAw6GEPvmCGXrm5IYKb0NROH5hqCZZCFv5B93cjA/viewform</a> . In partnership with Beantown Baby Diaper Bank, we are able to provide diapers to our clients once per month. If you need diapers and do not already receive them, please email us at <a href="mailto:lexfoodpantry@gmail.com">lexfoodpantry@gmail.com</a> .  If you are a resident of another town, please contact us at <a href="mailto:lexfoodpantry@gmail.com">lexfoodpantry@gmail.com</a> before filling out an order form.

Resource Name	City/Town	Type of Meal Support	Days/Times Available	Address	Website/Link	Towns Served	Notes
Grace Chapel FoodBank Ministry	Lexington	Food Pantry	Every other Wednesday 5:00pm-6:00pm	59 Worthen Road South Entrance, Lower Parking Lot	<a href="https://www.grace.org/be-curious/articles/food-bank/">https://www.grace.org/be-curious/articles/food-bank/</a>	All Towns, Grace Chapel families/individuals	Grace Chapel FoodBank Ministry is for registered participants.
St. Joseph's Church Pantry	Lincoln	Food Pantry	By Appointment Only Tuesdays 5:30-6:30pm Doors open at 5:00pm Dinner served at 5:30pm	142 Lincoln Road (White stand-alone building behind St. Joseph's Church)	<a href="https://www.svdplincolnweston.org/food-pantry-emergency-services#:~:text=We%20provide%20financial%20help%20in,for%20you%20from%20our%20committee.">https://www.svdplincolnweston.org/food-pantry-emergency-services#:~:text=We%20provide%20financial%20help%20in,for%20you%20from%20our%20committee.</a>	Lincoln	Clients can choose from a large variety of non-perishable items, paper goods, bakery items, as well as refrigerated and frozen foods and fresh fruits and vegetables. Clients may also receive ingredients for complete Thanksgiving meals and gift cards to prepare Christmas meals.
Community Supper at Congregational Church of Littleton	Littleton	Prepared Meal	Tuesdays 5:30-6:30pm Doors open at 5:00pm Dinner served at 5:30pm	330 King Street	<a href="https://www.littletonma.org/229/Food-Programs-Nutrition">https://www.littletonma.org/229/Food-Programs-Nutrition</a>	All Towns	The Neighborhood Community Supper provides a home-cooked meal at no charge and a chance to gather to enjoy each other's company.
Mill City Grows Mobile Market	Lowell	Farmers' Market	SEASONAL Tuesdays 10-1  Lowell Community Health Center @ 161 Jackson St (May 6–Oct 28)  Wednesday 1-4 @ The Sweet Bar-500 Pawtucket St (May 7–Oct 29)  11:00 Thursday 10-1 @ Lowell Senior Center -276 Broadway St (May 8-Oct 30)  Fridays 1-4 @ CTI Lowell Farmers Market-350A Dutton St (Aug 1-Oct24)	Please See Notes for Multiple Locations	<a href="https://www.millcitygrows.org/mobile-markets/">https://www.millcitygrows.org/mobile-markets/</a>		
Lowell Farmers' Market	Lowell	Farmers' Market	Seasonal- Fridays July 11-Oct 26 1-5	350A Dutton Street – in front of the Hamilton Canal Garage	<a href="https://www.commteam.org/program/lowell-farmers-market/">https://www.commteam.org/program/lowell-farmers-market/</a>		
Community Markets – MVFB	Lowell	Farmers' Market	Seasonal Jun–Nov	For residents of Lowell Housing Authority	<a href="https://mvfb.org/programs/community-market/">https://mvfb.org/programs/community-market/</a>		
Salvation Army Community Table	Lowell	Prepared Meal		150 Appleton St., Lowell, MA	<a href="https://easternusa.salvationarmy.org/massachusetts/lowell/">https://easternusa.salvationarmy.org/massachusetts/lowell/</a>		
St. Paul's Kitchen	Lowell	Prepared Meal		273 Summer St., Lowell, MA	<a href="http://stpaulsoupkitchen.org">http://stpaulsoupkitchen.org</a>		
Lowell Senior Center	Lowell	Prepared Meal		276 Broadway St., Lowell, MA	<a href="http://lowellma.gov">http://lowellma.gov</a>		
Living Waters	Lowell	Prepared Meal		10 Kirk St., Lowell, MA	<a href="http://livingwaterslowell.org">http://livingwaterslowell.org</a>		
Eliot Church	Lowell	Prepared Meal	Monday-Friday, from 10:00 a.m. to 2:30 p.m.	273 Summer Street Lowell MA 01852	<a href="https://eliotlowell.org/daycenter/">https://eliotlowell.org/daycenter/</a>		After 2:30, guests may remain in the building as St. Paul's Kitchen comes in to prepare and serve supper-We offer coffee, light meals, a clean restroom, wi-fi, electricity for phone charging, clothing, and personal hygiene items.
Merrimack Valley Catholic Charities	Lowell	Food Pantry	Monday-Thursday 1pm–3:30pm	70 Lawrence St., Lowell, MA	<a href="https://www.ccab.org/about-us/locations/">https://www.ccab.org/about-us/locations/</a>		
Open Pantry of Greater Lowell	Lowell	Food Pantry	Mon - Thu 8:45am – 11:45 am	13 Hurd St., Lowell, MA	<a href="https://theopenpantry.org/">https://theopenpantry.org/</a>		
Dwelling House of Hope	Lowell	Food Pantry	Saturday at 7 AM. 1st Wednesday of Month 10 AM–1:30 PM	125 Mt. Hope St., Lowell, MA	<a href="https://www.dwellinghouseofhope.org/need-food">https://www.dwellinghouseofhope.org/need-food</a>		*Stay in your car and join the queue and when it's your turn, a box of assorted food will be placed in your car.
Community Christian Fellowship	Lowell	Food Pantry	AM–1:30 PM	105 Princeton Blvd., Lowell, MA	<a href="http://ccflowell.org">http://ccflowell.org</a>		
Christ Jubilee Food Pantry	Lowell	Food Pantry	Fridays, 12:00-1:00;Call Ahead	101 Smith St., Lowell, MA	<a href="https://ampleharvest.org/food-pantries/christ-jubilee-food-pantry-10569/">https://ampleharvest.org/food-pantries/christ-jubilee-food-pantry-10569/</a>		
Christ Church United UCC Lowell	Lowell	Food Pantry	Emergency pantry by appointment only	1 Bartlett St., Lowell, MA			

Resource Name	City/Town	Type of Meal Support	Days/Times Available	Address	Website/Link	Towns Served	Notes
			<p>Call 978-454-7445 on the day you'd like to pick up food. Hours of operation and associated times to call and schedule an appointment are listed below</p> <p>Tuesdays-Thursday Call in to request: 9 am - 12 pm Pick up 10am-1pm</p> <p>Thursday: Call in to request: 6pm-7pm Pick-up: 7 pm - 8 pm</p>				Each person in your family will receive a 5-day supply of food.
Central Food Ministry	Lowell	Food Pantry		370 W. Sixth St., Lowell, MA	<a href="https://www.cfministry.org/">https://www.cfministry.org/</a>		You can pick up food once a calendar month.
MOBILE PANTRY-Merrimack Valley Food Bank	Lowell	Food Pantry		Mobile	<a href="https://mvfb.org/programs/mobile-pantry/">https://mvfb.org/programs/mobile-pantry/</a>	Greater Lowell Area	Homebound clients in Greater Lowell who are elderly or have disabilities. The program is available to people in these groups who are experiencing food insecurity but are unable to visit a food pantry. Includes fresh produce, dairy products, frozen proteins, beverages, nonperishable items, and may include low-sodium and sugar free products as needed. The bags are personalized based on an individual's dietary restrictions and food preferences.
			<p>Food Pantry</p> <p>Monday, Wednesday, Friday 9 a.m. - 11 a.m. Wednesday 3 p.m. - 6 p.m.</p> <p>BY APPOINTMENT ONLY: November &amp; December</p> <p>Community Meals Sundays 4:30pm Tuesday &amp; Thursday 11:30am</p>				
Salvation Army Pantry	Lowell	Food Pantry	Saturday 1pm	150 Appleton St., Lowell, MA	<a href="https://easternusa.salvationarmy.org/massachusetts/lowell/">https://easternusa.salvationarmy.org/massachusetts/lowell/</a>		
My Brother's Table	Lynn	Prepared Meal	Mon - Fri: 12 PM – 6 PM Sat/Sun: 2 PM – 4:30 PM	98 Willow Street, Lynn, MA	<a href="https://mybrotherstable.org/get-help/">https://mybrotherstable.org/get-help/</a>		No Eligibility Screening. All Welcome.
Lynn Community Fridge	Lynn	Food Pantry		Centerboard parking lot 16 City Hall Square Lynn, MA	<a href="https://www.facebook.com/lynncommunityfridge/">https://www.facebook.com/lynncommunityfridge/</a>		The Lynn Community Fridge is a mutual aid project in Lynn, MA, with a goal to combat food insecurity.
Washington Street Baptist Church (WSBC) Lynn	Lynn	Food Pantry	Last Saturday of every month from 8:30am -11:00 AM	256 Washington St. Lynn, MA	<a href="https://www.lynnwsbc.org/food-pantry">https://www.lynnwsbc.org/food-pantry</a>		The Thanksgiving and Christmas food pantries are the Saturday before the holiday.
The Salvation Army - Lynn	Lynn	Food Pantry	Tues/Wed/Fri - 9:00 am - 11:30 am	1 Franklin Street Lynn, MA	<a href="https://easternusa.salvationarmy.org/massachusetts/lynn/">https://easternusa.salvationarmy.org/massachusetts/lynn/</a>	Lynn, Lynnfield, Nahant, Saugus, and Swampscott	Bring proof of address. Clients may only visit the food pantry once per month.
							St. Stephen's Church has been operating an all volunteer food pantry since 2000. Food pantry volunteers speak English and some Spanish. The food pantry serves in the back parking lot off of Blossom Street. Clients who are registered receive a laminated card. Presenting the card allows us to check off who we have served and provide necessary statistics to the Greater Boston Food Bank. Bring your card every week - if you lose your card you will need to re-register and we will reprint the card for you. Children below the age of 18 are not allowed to pick up food for the household. Whomever presents the registered card will be asked to confirm information about the client.
St. Stephen's Episcopal Church	Lynn	Food Pantry	Fridays 2:30pm-3:30 pm (closed first Friday of each month)	74 South Common Street Lynn, MA	<a href="https://www.ststephenslynn.org/food-pantry">https://www.ststephenslynn.org/food-pantry</a>		
New America Association of America	Lynn	Food Pantry		330 Lynnway, Suite 302 Lynn, MA	<a href="https://naamass.org/how-you-can-help/food-distribution-program/">https://naamass.org/how-you-can-help/food-distribution-program/</a>		

Resource Name	City/Town	Type of Meal Support	Days/Times Available	Address	Website/Link	Towns Served	Notes
Lynn Community Health Center Mobile Market	Lynn	Food Pantry	Typically* the 1st Saturday of each month from 9:00 a.m. – 10:00 a.m.	73 Buffum St, Lynn, MA	<a href="https://lynnchc.org/mobile-market/">https://lynnchc.org/mobile-market/</a>	Anyone who has a Greater Boston Food Bank card	To receive food, you must show your Greater Boston Food Bank card so your number can be entered in the system. We can only give one bag per card. If you are not registered with Greater Boston Food Bank, you can register at Lynn CHC, or by emailing the market at – market@lchcnet.org or at our registration station on the days of events.
The Haven Project	Lynn	Food Pantry Community Meal	Available by appointment Monday – Friday 9 AM – 6 PM.	57 Munroe St. Lynn, MA	<a href="https://havenproject.net/">https://havenproject.net/</a>		Open to homeless youth ages 17 - 24.  We provide meals and unrestricted access to a food pantry. We offer basic needs items including clothing, backpacks, and hygiene items, access to a shower and laundry on-site, and emergency funds.
Catholic Charities Food Pantry	Lynn	Food Pantry	Mon/Wed/Fri*: 9 am - 12 pm/1 pm -3 pm Tues: 1 pm - 3 pm Thurs: 9 am - 12 pm (65+ LIMITED MOBILITY ONLY) *Closed every third Friday of the month	8 Silsbee Street, Lynn, MA	<a href="https://www.ccab.org/basic-needs/food-pantries/">https://www.ccab.org/basic-needs/food-pantries/</a>		Families unable to afford meals for Thanksgiving or other holidays may receive food packages for their household. Call 617-506-6628 for more information.
Washington Street Baptist Church	Lynn	Food Pantry	8:30am - 10:30am last Saturday of the month	256 Washington St. Lynn, MA			
Tabernacle Evangelique Pantry	Lynn	Food Pantry	12:00pm - 2:00pm every other Saturday	7 Park St Lynn, MA			
Phoenix Food Hub	Lynn	Food Pantry	Indoor Winter Farmers' Markets – every 2nd and 4th Saturdays from December through March, 11 am to 3 pm. Farmers' Markets are hosted by The Food Project and are open to all.  Bags of free groceries distributed in conjunction with The Greater Boston Food Bank twice a month, every 1st Saturday from 9 a. m. to 10 a.m. and every 3rd Friday from 9 a.m. to 11 a.m. There are no age or income requirements and there is no application for the program, just sign up over the phone or in person when you come to the event.	8 Silsbee Street Lynn, MA	<a href="https://phoenixfoodhub.org/">https://phoenixfoodhub.org/</a>	Lynn, Lynnfield, Nahant, Saugus, Swampscott.	There are no age or income requirements and there is no application for the program, just sign up over the phone or in person when you come to the event. To learn more or to sign up for the program, please call 781-599-0110 and ask for the Nutrition Department.
Good Hope Foods	Lynnfield	Food Pantry	1st & 3rd Thursday 10:30am-12:30pm	47 Groveland Street Lynnfield, MA 01902	<a href="https://goodhopeinc.org/food-pantry/">https://goodhopeinc.org/food-pantry/</a>		Good Hope, Inc.'s food pantry has no residency requirement—anyone from any city or town is welcome to visit.
Freedom Hill Community Church	Malden	Food Pantry	Tuesday 6pm-8:30pm	77 Kennedy Drive, Malden, MA 02148	<a href="https://freedomhillcommunitychurch.org/food-pantry/">https://freedomhillcommunitychurch.org/food-pantry/</a>		Freedom Hill's Food Pantry provides food for anyone in need. Guests receive a nutritious supply of groceries to help them get by. We have no geographic restrictions – all are welcome. If you are coming to receive groceries, we ask guests to park in our lot and remain in their cars. Pantry staff will let you know when to pull your car up to the pantry door. If you walk or take public transportation to the pantry, please remain outside the door and staff will assist you there.

Resource Name	City/Town	Type of Meal Support	Days/Times Available	Address	Website/Link	Towns Served	Notes
							<p>A household may receive a delivery weekly, biweekly or monthly based on eligibility and availability of drivers</p> <p>Procedure: The criteria for applying for Grocery Delivery program is:</p> <p>You must be an individual or couple 60 years or older with a mobility impairment, or Disabled with a mobility impairment, and have no household member between the ages of 18 and 59 years old AND you must live in Malden or Everett,</p> <p>OR</p> <p>You must be referred by a healthcare provider for a mobility impairment,</p> <p>OR</p> <p>You must have a COVID diagnosis.</p>
Bread of Life Grocery Delivery Program	Malden	Food Pantry	Deliveries are scheduled Tuesday-Friday	Bread of Life 54 Eastern Ave Malden, MA 02148	<a href="https://www.breadoflifemalden.org/how-we-help">https://www.breadoflifemalden.org/how-we-help</a>	Everett, Malden	The application to receive groceries through the delivery program are available on the Bread of Life website.
St. Raphael Parish Food Pantry	Malden	Food Pantry	Tuesday 9am-12pm	38 Boston Avenue Medford, MA 02155	<a href="https://saintraphaelparish.org/food-pantry">https://saintraphaelparish.org/food-pantry</a>	Medford	Saint Raphael Food Pantry is located in the basement of the Rectory. Households accessing the food pantry receive assorted groceries (i.e.bread, fresh vegetables when available, frozen foods and other staples).
Ward 8 Community Fridge	Malden	Community Fridge	24/7	155 Beach Street Malden, MA 02148			Ward 8's community fridge is located on the corner of Lynn Street and Beach street (roughly at 155 Beach Street).
Ward 5 Community Fridge	Malden	Community Fridge	24/7	420 Eastern Avenue Malden, MA 02148			Ward 5 Community Fridge is located behind U-Haul at 420 Eastern Avenue.
Ward 1 Community Fridge	Malden	Community Fridge	24/7	Community Health Alliance 195 Canal Street Malden, MA 02148			Ward 1's Community Fridge is located across from Cambridge Health Alliance.
Ward 3 Community Fridge	Malden	Community Fridge	24/7	401 Pleasant Steet Malden, MA 02148			The Malden Community Fridge is a community-run initiative that helps to provide free food to the local community 24/7, 365 days a year.
Malden Market (Located at Malden YMCA)	Malden	Food Pantry	Monday, Tuesday, Thursday 11am-2pm, Saturday 10am-12pm	99 Dartmouth Street Malden, MA 02148	<a href="https://mv-ymca.org/food-security/malden-ymca-food-market">https://mv-ymca.org/food-security/malden-ymca-food-market</a>		The Malden YMCA Food Market provides free food for individuals and families who need it, no residency requirement. Households can access the market weekly and select their choice of protein, produce, dairy, and dry goods. They recommend bringing reuseable bags and a cart (if you need one). Register online for an appointment.
Bread of Life	Malden	Prepared Meal	Tuesday-Friday 4pm-5:30pm	54 Eastern Avenue Malden, MA 02148	<a href="https://breadoflifemalden.org">https://breadoflifemalden.org</a>		Community meal setting indoors. No application needed. Residents of any community are welcome.
Malden Food Mart	Malden	Food Pantry	Wednesday & Friday 1pm-4pm	54 Eastern Avenue Malden, MA 02148	<a href="https://breadoflifemalden.org">https://breadoflifemalden.org</a>	Malden, Everett, Medford, Melrose, Saugus, Stoneham, Wakefield, Winchester, Reading and North Reading	Indoor shopping market. Households can pick up groceries 1x/month. Households must complete an application at the time of their first visit. Proof of residency in one of the towns served is required.
Ward 7 Community Fridge	Malden	Community Fridge	24/7	Malden Catholic High School 99 Crystal Street Malden, MA 02148			Ward 7's Community Fridge is located behind Malden Catholic near the Soccer Fields on Maplewood Street.
Jewish Family & Children's Service Family Table	Marblehead	Food Pantry	One Sunday each month (varies). See schedule here: <a href="https://www.jfcsboston.org/our-services/center-for-basic-needs-assistance/family-table-food-pantry/family-table-distribution-day-schedule">https://www.jfcsboston.org/our-services/center-for-basic-needs-assistance/family-table-food-pantry/family-table-distribution-day-schedule</a>	1 Community Road Marblehead, MA	<a href="https://www.jfcsboston.org/Our-Services/Center-for-Basic-Needs-Assistance/Family-Table">https://www.jfcsboston.org/Our-Services/Center-for-Basic-Needs-Assistance/Family-Table</a>		Family Table fulfills its mission by providing kosher food, creating a caring Jewish connection, and empowering people to make healthy eating a part of their daily lives. We do this by offering Nutritious groceries, including fresh produce and whole grain products. Jewish holiday and ritual items, including challah and Shabbat candles, personal hygiene items such as soap, toothpaste, and shampoo New client application: <a href="https://www.jfcsboston.org/Our-Services/Center-for-Basic-Needs-Assistance/Family-Table/Become-a-Client">https://www.jfcsboston.org/Our-Services/Center-for-Basic-Needs-Assistance/Family-Table/Become-a-Client</a>
Marblehead Food Pantry	Marblehead	Food Pantry	Tues 9am – 12pm Thurs 5:00 – 7pm	80 Atlantic Ave Marblehead, MA	<a href="https://marbleheadfoodpantry.org/">https://marbleheadfoodpantry.org/</a>	Marblehead	If you are a resident of Marblehead, you may use the Pantry once a week. Please bring a bill or other document mailed to you within the last 3 months.

Resource Name	City/Town	Type of Meal Support	Days/Times Available	Address	Website/Link	Towns Served	Notes
Open Table Maynard	Maynard	Food Pantry	Tuesdays 1:00 – 3:00pm (Seniors 65+) Tuesdays 3:00 – 6:30pm Thursdays 1:00 – 4:30pm  Open for special holiday bag on 11/17, 11/19 Pickup Thanksgiving meal if preordered on 11/24 10:00am-6:30pm Closed 11/26	33 Main Street (Maynard Municipal Parking Lot between Summer St and Main St.)	<a href="https://www.opentable.org/">https://www.opentable.org/</a>	Acton, Bedford, Billerica, Boxborough, Carlisle, Chelmsford, Concord*, Framingham, Hudson, Lexington, Lincoln, Littleton, Lowell, Marlborough, Maynard*, Natick, Stow, Sudbury, Waltham, Wayland, Westford	*Drive-thru food pantry set up. People who work in Concord or Maynard that live outside this service area may also shop with proof of employment. Pre-ordering online is open Thursday @ 5pm through Monday at 12pm at <a href="http://www.opentable.org/order/">www.opentable.org/order/</a>
Maynard Food Pantry	Maynard	Food Pantry	Mondays 10:00am-12:00pm	82 Main Street	<a href="http://www.maynardfoodpantry.com/">http://www.maynardfoodpantry.com/</a>	Maynard, Acton, Stow and Sudbury	Maynard Shoppers are welcome to shop two times/month and out-of-town residents are welcome to shop one time monthly. The Maynard Food Pantry also provides Thanksgiving and Holiday dinner baskets.
Backpack Program (Maynard Food Pantry)	Maynard	Other	Weekly on Friday	Maynard Schools	<a href="http://www.maynardfoodpantry.com/maynard-backpack-program-for-children/">http://www.maynardfoodpantry.com/maynard-backpack-program-for-children/</a>	Maynard	This program delivers bags of food to the schools every Friday.  To sign your child up for this program, please print and fill out this form and return it to the school office.
Community Baptist Church Little Pantry	Medford	Little Pantry	24/7	470 Fulton Street, Medford, MA 02155	<a href="https://www.facebook.com/groups/562608498028884/">https://www.facebook.com/groups/562608498028884/</a>		Available 24/7, 365 days/year with shelf stable items.
Work Hard Eat Good	Medford	Prepared Meal	Monday, Thursday, Friday	114 Mystic Ave Medford, MA 02155	<a href="https://www.workhardeatgood.com/contact-us">https://www.workhardeatgood.com/contact-us</a>		Information as of 11/11/2025  Ongoing Free Meals Program (Medford): Wednesday, Thursday, Friday – Registration required (we do this because many are still in need). 25 meals will be available daily.  Work Hard EatGood is offering a free Grocery Shuttle available in Medford, Somerville, & Cambridge: FREE shuttle for seniors and families in need to Market Basket for affordable groceries. Sign up when you register for meals.  Visit <a href="https://www.facebook.com/WorkHardEatGoodLLC">https://www.facebook.com/WorkHardEatGoodLLC</a> for updates on offerings.
Community Cupboard Food Pantry	Medford	Food Pantry	Thursday 6pm-8pm	147 High Street Medford, MA 02155	<a href="https://uumedford.org/connection/food-pantry/">https://uumedford.org/connection/food-pantry/</a>		Clients typically receive two bags of food which they select themselves. Clients are able to access the food pantry weekly. The food pantry entrance is at the front door of the church.
Mystic Community Market (located at Walnut Street Center)	Medford	Food Pantry	Appointments Required: Monday, Tuesday, Wednesday, Friday 10:00am - 2:00pm 4:00pm - 4:45pm  Thursday: scheduled pick-ups only  Saturday 9am-2pm  Walk-ins: Monday, Tuesday, Wednesday, Friday 5:00pm - 6:00pm	Walnut Street Center 291 Mystic Avenue Medford, MA 02155	<a href="https://mv-ymca.org/food-security/malden-ymca-food-market">https://mv-ymca.org/food-security/malden-ymca-food-market</a>		The Mystic Valley Community Market provides free food for individuals and families who need it, no residency requirement. Households can access the market weekly and select their choice of protein, produce, dairy, and dry goods. They recommend bringing reusable bags and a cart (if you need one). Register online for an appointment.
Sanctuary's Micro Food Pantry	Medford	Little Pantry	24/7	458 High Street Medford, MA 02155	<a href="https://sanctuaryucc.org/micro-food-pantry/">https://sanctuaryucc.org/micro-food-pantry/</a>		A city wide initiative for people to take what they need and leave what they can. Shelf-stable items, unopened/used hygiene products, and pet foods are items that may be available through this initiative.
Saint Clement's Community Fridge	Medford	Community Fridge	24/7	68 Warner Street Medford, MA 02155	<a href="https://www.facebook.com/groups/409646247664852">https://www.facebook.com/groups/409646247664852</a>		The Community Fridge is located across from 29 Clements Rd, behind the church. Along with the fridge is a pantry that is accessible 24/7.
Loph's Community Fridge	Medford	Community Fridge	24/7	75 Riverside Avenue Medford, MA 02155	<a href="https://www.facebook.com/groups/lophcommunityfridge">https://www.facebook.com/groups/lophcommunityfridge</a>		The fridge and pantry are located in the parking lot right across from the Senior Center.
A Servant's Heart Food Pantry	Melrose	Food Pantry	Friday 9:30am-10:30am	200 Franklin Street Melrose, MA 02176	<a href="https://faithchurchac.org/food-pantry/">https://faithchurchac.org/food-pantry/</a>	Melrose	Food Pantry entrance is in the Parking Lot on the back of the building along Albion Street.

Resource Name	City/Town	Type of Meal Support	Days/Times Available	Address	Website/Link	Towns Served	Notes
Pantry of Hope	Melrose	Food Pantry	Tuesday 3pm-5pm	Melrose First Baptist Church 561 Main Street Melrose, MA 02176	<a href="https://www.melrosefbc.org/pantry-of-hope">https://www.melrosefbc.org/pantry-of-hope</a>		The Pantry of Hope requires each person or family to provide information including their name, address, phone number (optional), number of family members, who referred them, and what other needs they might have on their first visit. The information will be kept confidential and used only as a guide to track the frequency of visits and the amount of food being distributed. Each person or family may only visit the pantry every other week and access 10 items (subject to change).
Melrose Community Freezer	Melrose	Prepared Meal	Sunday 11:30am-12pm	645 Main Street Melrose, MA 02176	<a href="https://www.thefooddrive.org/community-freezer">https://www.thefooddrive.org/community-freezer</a>		Free homemade frozen meals available for all, no residency requirement or application!
First Baptist Church Little Free Pantry	Melrose	Little Pantry	24/7	561 Main Street Melrose, MA 02176	<a href="https://mapping.littlefreepantry.org/pantry/2441">https://mapping.littlefreepantry.org/pantry/2441</a>		Available 24/7, 365 days/year with shelf stable items.
Gould Street Little Free Pantry	Melrose	Little Pantry	24/7	4 Gould Street Melrose, MA 02176	<a href="https://mapping.littlefreepantry.org/pantry/2876">https://mapping.littlefreepantry.org/pantry/2876</a>		Available 24/7, 365 days/year with shelf stable items.
Faith Evangelical Church Community Meal	Melrose	Prepared Meal	3rd Friday 6pm	200 Franklin Street Melrose, MA 02176	<a href="https://www.facebook.com/FaithChurchMelrose">https://www.facebook.com/FaithChurchMelrose</a>		Melrose Community Dinners are run by A Servant's Heart Food Pantry & take place every 3rd Friday of the month! They are to serve neighbors, create community, and enjoy good food together. All are welcome!
Merrimac COA	Merrimac	Prepared Meal	Lunch Service, works with ONT for food delivery	100 East Main Street, Merrimac	<a href="https://townofmerrimac.com/council-on-aging/">https://townofmerrimac.com/council-on-aging/</a>	Merrimac	
Christian Church Voice of Salvation	Methuen	Food Pantry	Every other Saturday 10am	15 Lowell Blvd, Methuen		Methuen	
Citywide Methuen Cares Food Pantry	Methuen	Food Pantry	Saturday Nov. 1, 7am-12pm Wednesday Nov. 5, 12-8pm	Methuen Senior Activity Center 77 Lowell St, Methuen, MA	<a href="https://www.methuen.gov/919/Methuen-Cares-Food-Pantry">https://www.methuen.gov/919/Methuen-Cares-Food-Pantry</a>	Methuen	METHUEN RESIDENTS ONLY
Neighbors in Need @ First Church Congregational	Methuen	Food Pantry	Tues. 5:30PM-6:30PM	26 Pleasant Street, Methuen, MA	<a href="https://needfood.org/get-help/#get-food">https://needfood.org/get-help/#get-food</a>	Methuen	
Neighbors in Need Food Pantry @ Neil Playstead	Methuen	Food Pantry	Wed. 9AM-10:30AM	188 Lawrence St, Methuen, MA	<a href="https://needfood.org/get-help/#get-food">https://needfood.org/get-help/#get-food</a>	Methuen	
Methuen YMCA (Greater Boston Food Bank Mobile Marke)	Methuen	Food Pantry	November 22 & December 20 @ 9am	129 Haverhill St, Methuen	<a href="https://mvymca.org/pantry/">https://mvymca.org/pantry/</a>	Methuen	
Middleton Food Pantry	Middleton	Food Pantry	Fridays, 11:30am – 1pm	38 Maple St Middleton, MA	<a href="https://www.middletonma.gov/176/Food-Pantry">https://www.middletonma.gov/176/Food-Pantry</a>	Middleton	Middleton residents only. Proof of Middleton residency is required.
First Parish Newbury	Newbury	Food Pantry	Order Weekly from 8 am on Wednesday through Thursday at 12:00 noon.	20 High Road, Newbury	<a href="https://www.newburyfoodpantry.org/get-food">https://www.newburyfoodpantry.org/get-food</a>	Newbury	Call to order groceries by phone or order online at link. Pickup between 2:40 and 5:00 pm on Friday or 9 am to 12 pm on Saturday. Parking is limited so please be on time.
Salvation Army Community Thanksgiving Meal	Newburyport	Prepared Meal	Thurs. Nov. 27 11:00AM - 12:30PM	Salvation Army Newburyport Corps - 40 Water Street	<a href="https://easternusa.salvationarmy.org/massachusetts/newburyport/events/newburyport-community-thanksgiving-meal/">https://easternusa.salvationarmy.org/massachusetts/newburyport/events/newburyport-community-thanksgiving-meal/</a>	Newburyport	Reservations required, call phone number or visit in person. Dine in or take out orders available.
Lions Club Thanksgiving Day Sit Down Dinner	Newburyport	Prepared Meal	Thurs. Nov. 27 11:30AM - 1:00PM	Newburyport Senior Center - 331 High Street	<a href="https://e-clubhouse.org/sites/newburyportmalionsclub/">https://e-clubhouse.org/sites/newburyportmalionsclub/</a>	Newburyport, Newbury, Salisbury, and neighboring areas	Must be a senior, family experiencing food insecurity, or have limited mobility and live in Newburyport, Newbury, Salisbury, or neighboring area. Doors open at 11:00AM. No registration required.
Among Friends @ St. Paul's	Newburyport	Prepared Meal	Dinner on Monday evenings and lunch on Tuesday and Friday afternoons	166 High St., Newburyport	<a href="https://stpaulsnewburyport.org/among-friends">https://stpaulsnewburyport.org/among-friends</a>	Newburyport	3 meals a day
Newburyport COA	Newburyport	Food Pantry	Works with ONT for food delivery	331 High Street Newburyport	<a href="https://www.cityofnewburyport.com/council-on-aging">https://www.cityofnewburyport.com/council-on-aging</a>	Newburyport	Call for details
St. Basil's Church	Newburyport	Prepared Meal	Every Mon. 1:30am- 12:30pm	7 Harris Street Newburyport	<a href="https://annunciation.ma.goarch.org/mistries/stbasil">https://annunciation.ma.goarch.org/mistries/stbasil</a>	Newburyport	Currently offering both inside dining and a take-out lunch program
Salvation Army Newburyport	Newburyport	Prepared Meal	Breakfast every Fri. 9:30–10:30 AM, Meals Wed.- Fri.	40 Water St, Newburyport	<a href="https://www.signupgenius.com/go/10C094DAEAE2DA3FCC16-60078625-takeout#/">https://www.signupgenius.com/go/10C094DAEAE2DA3FCC16-60078625-takeout#/</a>	Newburyport	Order ahead online at link
The People's Pantry @ North Parish	North Andover	Food Pantry	2nd and 4th Tues. each month 7:00-10:30 AM	190 Academy Rd, North Andover, MA	<a href="https://peoplesfoodpantry.org/">https://peoplesfoodpantry.org/</a>	North Andover	Entrance at rear of church
Take and Leave Food Bins	North Andover	Little Pantry	Call for details	North Andover Police Department - 1475 Osgood Street	<a href="https://www.facebook.com/northandoverma/">https://www.facebook.com/northandoverma/</a>	North Andover	NORTH ANDOVER RESIDENTS ONLY
Take and Leave Food Bins	North Andover	Little Pantry	Call for details	North Andover Historical Society - 800 Massachusetts Avenue	<a href="https://www.facebook.com/northandoverma/">https://www.facebook.com/northandoverma/</a>	North Andover	NORTH ANDOVER RESIDENTS ONLY
Take and Leave Food Bins	North Andover	Little Pantry	Call for details	Senior Center - 481 Sutton Street	<a href="https://www.facebook.com/northandoverma/">https://www.facebook.com/northandoverma/</a>	North Andover	NORTH ANDOVER RESIDENTS ONLY

Resource Name	City/Town	Type of Meal Support	Days/Times Available	Address	Website/Link	Towns Served	Notes
Take and Leave Food Bins	North Andover	Little Pantry	Call for details	Town Hall - 120 Main Street	<a href="https://www.facebook.com/northandoverma/">https://www.facebook.com/northandoverma/</a>	North Andover	NORTH ANDOVER RESIDENTS ONLY
North Reading Food Pantry	North Reading	Food Pantry	Monday 9:30am-11am 1st & 3rd Monday 6:30pm-8pm	150 Haverhill Street North Reading, MA 01864	<a href="https://nrfoodpantry.org/">https://nrfoodpantry.org/</a>	North Reading	Clients can access food from the pantry 2x/month (every other week). The food pantry provides both perishable and non-perishable foods.
Calvary Baptist Church	Peabody	Prepared Meal	Mondays and Wednesdays 4:30 - 6:00pm	4 Coolidge Rd. Peabody, MA	<a href="https://www.cbcpeabody.org/loaf-and-ladle">https://www.cbcpeabody.org/loaf-and-ladle</a>		CBC has partnered with Haven for Hunger to provide meals to those in need in the local Peabody area for a community meal. We open our doors on Wednesdays at 4:30pm for anyone in need to sit, rest, and talk. We begin serving dinner at 5:30pm. We do our best to provide great meals, but above all, care for and serve the people that join us.
Citizens Inn Haven from Hunger	Peabody	Food Pantry	Monday, Tuesday, Friday 10:30am-12:30pm Thursday 12:30pm-2:30pm & 6pm-8pm	71 Wallis Street Peabody, MA 01960	<a href="https://citizensinn.org/haven-from-hunger/">https://citizensinn.org/haven-from-hunger/</a>	Lynnfield, Peabody, Salem	First-time clients are required to fill out an application form for their household and bring a photo ID along with a recent piece of mail (dated within the last 30 days) to confirm residency in Peabody, Salem, or Lynnfield.
St. Clare Mission	Peabody	Prepared Meal	Saturdays 11:30am - 1:00pm	32 Ellsworth Rd Peabody, MA	<a href="https://stclarepeabody.org/st-clare-mission">https://stclarepeabody.org/st-clare-mission</a>		Our Saturday lunchtime program offers a safe place for unhoused and other vulnerable people to find shelter and companionship for a little while while enjoying a community meal.
Haven from Hunger	Peabody	Prepared Meal	Mon/Tues/Thurs/Fri - 4:30 - 5:30pm	71 Wallis St Peabody, MA	<a href="https://citizensinn.org/haven-from-hunger/">https://citizensinn.org/haven-from-hunger/</a>	Peabody, Salem, Lynnfield	Community Meal
Revival Church Food Pantry	Peabody	Food Pantry	Thursdays 7pm - 8:30pm	246 Newbury St. Peabody, MA			
Activation Church	Peabody	Food Pantry	By appointment. Call for assistance with basic necessities.	200 Corporate Place Peabody, MA	<a href="https://activationchurchusa.com/activation-care/">https://activationchurchusa.com/activation-care/</a>		Our projects include the distribution of food, basic necessities, clothing, and shoes to families in crisis. If you need help, contact our team and schedule your appointment.
Haven from Hunger	Peabody	Food Pantry	Mon/Tues/Fri 10:30am – 2:30pm Thurs 12:00 – 2:30pm and 6 – 7pm	71 Wallis St Peabody, MA	<a href="https://citizensinn.org/haven-from-hunger/">https://citizensinn.org/haven-from-hunger/</a>	Peabody, Salem, Lynnfield	First-time clients are required to fill out an application form for their household and bring a photo ID along with a recent piece of mail (dated within the last 30 days) to confirm residency in Peabody, Salem, or Lynnfield.
Reading Food Pantry	Reading	Food Pantry	Monday 6:30pm-7:30pm Friday 10:30am-11:30am	6 Salem Street Reading, MA 01867	<a href="https://www.readingfoodpantry.org">https://www.readingfoodpantry.org</a>	Reading	Any Reading resident or family in need can visit the Reading Food Pantry twice each month to receive groceries, household and personal care items. The food pantry is open to residents of North Reading or those who attend a church in town. If you're eligible, please contact the food pantry via phone or e-mail (clientservices@nrfoodpantry.org) first and bring a photo ID and proof of residency (e.g. utility bill) to the first visit.  Households accessing the pantry are served via drive-thru. Volunteers bring order forms to neighbors' cars, fill their order inside the Pantry, and then bring the bags to neighbors.  The pantry also provides deliveries to neighbors who are unable to travel.
Rowley COA	Rowley	Prepared Meal	2nd Saturday each month, meals everyday at lunchtime after 11:30, congregate meals at 12 noon	39 Central St., Rowley	<a href="https://www.townofrowley.net/council-aging">https://www.townofrowley.net/council-aging</a>	Rowley	
Rowley Food Pantry	Rowley	Food Pantry	Tue. 10:00 AM to noon (every Tuesday), Thurs. 5:30 PM to 7:00 PM (1st & 3rd Thursday of the month)	153 Main Street, Rowley	<a href="https://rowleyfoodpantry.org/">https://rowleyfoodpantry.org/</a>	Rowley	Located in rear of the Rectory of the First Baptist Church.

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The Salem Pantry	Salem	Food Pantry	The Market (main location at 47 Leavitt St.) Tuesdays 12 – 5pm Wednesdays 2 – 7pm Thursdays 11am – 4pm Fridays 11am – 4pm Saturdays 10am – 2pm  Pop Ups: Mondays 3:30 – 4:30pm North Shore Physicians Group, 331 Highland Ave Salem, MA Wednesdays 9:00am – 11:00am Community Life Center 401 Bridge St Salem, MA Fourth Tuesday of each month, 3 – 4pm, Cook Street Park, 58 Cook Street Lynn, MA	47 Leavitt St. Salem, MA	<a href="https://www.thesalempantry.org/">https://www.thesalempantry.org/</a>		Home Delivery: The Salem Pantry's Home Delivery program serves Salem residents who are unable to visit our locations. A referral from a doctor, nurse practitioner, or social services care provider is required.  No income or residency requirements. All can be served. You just need to complete a registration form at your first visit. You can do this at the market or online at <a href="https://yourmarket.my.site.com/s/intake?language=en_US">https://yourmarket.my.site.com/s/intake?language=en_US</a>
Food for the World	Salem	Food Pantry	First and third Saturday of each month 10am – 12pm	8 North Street Salem, MA	<a href="http://www.foodfortheworld.org">www.foodfortheworld.org</a>		
The Salvation Army - Salem	Salem	Food Pantry	Tues 9am - 11am Thurs 1pm - 3pm	93 North Street Salem, MA	<a href="https://easternusa.salvationarmy.org/massachusetts/north-shore/">https://easternusa.salvationarmy.org/massachusetts/north-shore/</a>	Beverly, Salem, Marblehead, Peabody	Bring proof of address.
Pettengill House	Salisbury	Food Pantry	Tue. 9:00am-3:00pm & 4:00pm-6:00pm (arrive by 5:45), Wed. 9am-1pm	13 Lafayette Road, Salisbury	<a href="https://pettingillhouse.org/food-pantry.aspx">https://pettingillhouse.org/food-pantry.aspx</a>	Salisbury	All pantry service is curbside. Appointment is encouraged.
ONT Salisbury Market	Salisbury	Food Pantry	Mondays: 12:00 pm - 5:00 pm, Tuesdays: 10:00 am - 3:00 pm, Wednesdays: Curbside pickup	114 Bridge Road, Salisbury	<a href="https://www.ourneighborstable.org/th-e-markets.html">https://www.ourneighborstable.org/th-e-markets.html</a>	All Towns	
Salisbury COA/Joanne's Pantry	Salisbury	Food Pantry	Wednesdays, 1:00 pm - 3:00 pm Fridays, 11:00 am - 1:00 pm, Works with ONT for food delivery	43 Lafayette Road, Salisbury	<a href="https://www.ourneighborstable.org/th-e-markets.html">https://www.ourneighborstable.org/th-e-markets.html</a>	Salisbury	
Saugus United Parish Food Pantry	Saugus	Food Pantry	Friday 9:30am-11am	50 Essex Street Saugus, MA 01906	<a href="https://cliftdalecc.org/saugus-united-parish-food-pantry">https://cliftdalecc.org/saugus-united-parish-food-pantry</a>	Saugus	The Saugus United Parish Food Pantry is open to residents of Saugus and surrounding communities every Friday from 9:30-11am, with the exception of the Fridays preceding a major holiday or during snow emergencies. Visit <a href="https://www.facebook.com/saugusfoodpantry">https://www.facebook.com/saugusfoodpantry</a> for regular updates.
First Church Food Pantry	Stoneham	Food Pantry	Thursday 9:30am-12:30pm by appointment	1 Church Street Stoneham, MA 02180	<a href="https://www.firstchurchstonehampantr y.org/">https://www.firstchurchstonehampantr y.org/</a>	Stoneham	Fill out the registration form on the website prior to visiting and provide proof of Stoneham residency in the form of a recent utility bill, mortgage statement, rental agreement, medical bill, excise tax bill or insurance bill (government issued IDs cannot be accepted).
Annie's Community Pantry	Stoneham	Little Pantry	Monday, Thursday: 10 AM – 9 PM Tuesday, Wednesday, Friday: 9 AM – 5 PM	Stoneham Public Library 431 Main Street Stoneham, MA 02180	<a href="https://www.facebook.com/StonehamLibrary/reels/">https://www.facebook.com/StonehamLibrary/reels/</a>		The library has set up a temporary Community Pantry near the front desk of the library for people to take what they need.
Stow Food Pantry	Stow	Food Pantry	By appointment only: November 21 December 13, 14, 19	Pompositticut Community Center 509 Great Road	<a href="http://stowfoodpantry.com/">http://stowfoodpantry.com/</a>	Stow, Maynard, Acton, Boxborough, Lancaster, Bolton	Provides food and personal items at in-person shopping pantries. No referrals or financials required. COA vans run from Stow and Lancaster to deliver to the housebound or provide a ride to the pantry.
Guest Table Community Dinner	Stow	Prepared Meal	Second Friday of each month Doors open at 5:00pm Dinner served at 5:30pm	353 Great Road First Parish Church	<a href="https://www.fpc-stow-acton.org/article/november-guest-table-community-dinner">https://www.fpc-stow-acton.org/article/november-guest-table-community-dinner</a>	Central Middlesex area	Community Dinners are nut free, with vegetarian, gluten-free, and dairy-free options. Facility is designed to be inclusive and accessible to people of all abilities, including wheelchair users.
Small Farm	Stow	Other	November - December; Bi-weekly Fridays 12:00-5:00pm Saturdays 11:00am-4:00pm	84 Gleasondale Road	<a href="https://small-farm.com/wp/farm-stand/">https://small-farm.com/wp/farm-stand/</a>	All Towns	Farm stand accepting cash, check, credit/debit card, SNAP/EBT, Massachusetts Farmers' Market Coupons and offer HIP benefits.

Resource Name	City/Town	Type of Meal Support	Days/Times Available	Address	Website/Link	Towns Served	Notes
			Monday – 11:00 am – 1:00 pm Wednesday – 6:00 pm – 8:00pm				
			To Register for a Senior Delivery: All Senior deliveries go out on Monday mornings. *Unless noted in Calendar above. To find out more information please email anchorfooddelivery@gmail.com or call us 781-479-3080				
Anchor Food Pantry	Swampscott	Food Pantry		86 Burill St. Swampscott, MA	<a href="https://www.anchorfoodpantry.org/">https://www.anchorfoodpantry.org/</a>	Swampscott, Nahant	*First time visitors will be asked to show proof of Swampscott or Nahant residency and complete an intake form
St. John the Evangelist Church	Swampscott	Food Pantry	Tues 11am - 12pm Thurs 7pm - 8pm	174 Humphrey St. Swampscott, MA	<a href="https://www.stjohnstthomas.com/st-vincent-de-paul-society">https://www.stjohnstthomas.com/st-vincent-de-paul-society</a>	Lynn, Swampscott, Nahant	The food pantry serves the Swampscott, Lynn, and Nahant communities. We also assist with utilities, heat, displacement, and rent payments as needed.
			Sunday- Nov 8 & Dec 13- 9:00-11:00 Monday-Nov 9 & Dec 14 7:00 PM – 8:00 PM Saturday-Nov 17 & Dec 19 10:00 AM – 11:00 AM				All new clients must complete a short 2026 application form.
Tewksbury Food Pantry	Tewksbury	Food Pantry		999 Whipple Rd., Tewksbury, MA	<a href="https://tewksburypantry.org/">https://tewksburypantry.org/</a>		Thanksgiving Distribution-Sunday 11/22 10am – 12pm
AgeSpan Mobile Market Tewksbury Council on Aging	Tewksbury	Food Pantry	4th Tuesday of the month	175 Chandler St., Tewksbury, MA	<a href="https://agespan.org/solutions/nutrition-and-food-security/">https://agespan.org/solutions/nutrition-and-food-security/</a>	Tewksbury, Lowell/Merrimack Valley area	Open to Merrimack Valley residents 60 and older or an adult with a disability. Participants must complete an application. available at Councils on Aging (senior centers) and public and private housing offices. You may also call AgeSpan and request an application.
St. Mary Magdalen Food Pantry	Tyngsboro	Food Pantry	Please Call for Monthly	93 Lakeview Ave., Tyngsboro, MA	<a href="https://rodmc.org/st-vincent-de-paul-society">https://rodmc.org/st-vincent-de-paul-society</a>		
Shepherd's Table Ministry	Wakefield	Prepared Meal	4th Monday 5pm-6pm	8 Lafayette Street, Wakefield, MA 01880	<a href="https://www.fbcwakefield.org/about-4-1">https://www.fbcwakefield.org/about-4-1</a>		A hot community dinner, all are welcome!
Private Residence, Little Food Pantry	Wakefield	Little Pantry	24/7	54 Spring Street, Wakefield, MA 01880	<a href="https://wakefieldfoodpantry.org/little-free-pantries-give-what-you-can-take-what-you-need/">https://wakefieldfoodpantry.org/little-free-pantries-give-what-you-can-take-what-you-need/</a>		The pantry is a community initiative with the Wakefield Food Pantry.
First Parish Congregational Church Little Pantry	Wakefield	Little Pantry	24/7	1 Church Street Wakefield, MA 01880	<a href="https://wakefieldfoodpantry.org/little-free-pantries-give-what-you-can-take-what-you-need/">https://wakefieldfoodpantry.org/little-free-pantries-give-what-you-can-take-what-you-need/</a>		The pantry is a community initiative with the Wakefield Food Pantry. This little pantry is located on Lake Ave across from the gazebo.
Most Blessed Sacrament Little Pantry	Wakefield	Little Pantry	24/7	8 Grove Street Wakefield, MA 01880	<a href="https://wakefieldfoodpantry.org/little-free-pantries-give-what-you-can-take-what-you-need/">https://wakefieldfoodpantry.org/little-free-pantries-give-what-you-can-take-what-you-need/</a>		The pantry is a community initiative with the Wakefield Food Pantry. It is located in the back parking lot of the church.
First Baptist Church of Wakefield Little Pantry	Wakefield	Little Pantry	24/7	8 Lafayette Street Wakefield, MA 01880	<a href="https://wakefieldfoodpantry.org/little-free-pantries-give-what-you-can-take-what-you-need/">https://wakefieldfoodpantry.org/little-free-pantries-give-what-you-can-take-what-you-need/</a>		The pantry is a community initiative with the Wakefield Food Pantry. It is located on Common Street.
The Wakefield Lynnfield United Methodist Church Little Pantry	Wakefield	Little Pantry	24/7	273 Vernon Street Wakefield, MA 01880	<a href="https://wakefieldfoodpantry.org/little-free-pantries-give-what-you-can-take-what-you-need/">https://wakefieldfoodpantry.org/little-free-pantries-give-what-you-can-take-what-you-need/</a>		The pantry is a community initiative with the Wakefield Food Pantry. It is located on the left side of the church.
							Recipients may choose to grab and go or to dine in.
							You can enter the hall through the door with the awning or drive up, and volunteers will help you. Meals are served from 5:00 pm to 5:30 pm on a first-come-first-served basis. The hall closes at 6:00 pm. There is no residency requirement.
St. Joseph's Community Meal	Wakefield	Prepared Meal	1st Thursday 5pm-5:30pm	173 Albion Street Wakefield, MA 01880	<a href="https://stjosephwakefield.org/st-joseph-table/">https://stjosephwakefield.org/st-joseph-table/</a>		
Most Blessed Sacrament Community Meal	Wakefield	Prepared Meal	2nd Wednesday 5pm-6pm	1155 Main Street Wakefield, MA 01880	<a href="https://mbsparishwakefield.com/community-dinners.html">https://mbsparishwakefield.com/community-dinners.html</a>		All are welcome to join for a community meal, no registration/application requirements!
							The pantry is set up like a small grocery store and guests are able to freely choose which items they want.
			Tuesday 9am-1pm				Wakefield residents can shop twice a month and receive a generous supply of groceries. Guests should bring proof of residency (e.g. utility bill or addressed mail).
			Thursday 9am-1pm	467 Main Street			The pantry also welcomes anyone that works, worships or is referred by a local social service organization (including Communitas & Metro North Area DDS). Bring the referral to the first visit.
Wakefield Food Pantry	Wakefield	Food Pantry	6:30pm-7:30pm	Wakefield, MA 01880	<a href="http://wakefieldfoodpantry.org/">http://wakefieldfoodpantry.org/</a>	Wakefield	

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Wakefield Town Hall Little Pantry	Wakefield	Little Pantry	24/7	1 Lafayette Street, Wakefield, MA 01880	<a href="https://wakefieldfoodpantry.org/little-free-pantries-give-what-you-can-take-what-you-need/">https://wakefieldfoodpantry.org/little-free-pantries-give-what-you-can-take-what-you-need/</a>		The little free pantry is a outdoor weather-proof cupboard offering 24/7 access to shelf stable food items. The pantry is a community initiative with the Wakefield Food Pantry. This little pantry is located on Lake Ave across from the gazebo.
Emmanuel Episcopal Church Community Meal at Horizon House	Wakefield	Prepared Meal	3rd Tuesday 5pm-6pm	78 Water Street Wakefield, MA 01880	<a href="https://www.emmanuelwakefield.org/food-insecurity">https://www.emmanuelwakefield.org/food-insecurity</a>		All are welcome to join for a community meal, no registration/application requirements!
West Newbury COA/SAGE Center	West Newbury	Food Pantry	1st & 3rd Tues. every month	381 Main Street, West Newbury	<a href="https://www.wnewbury.org/food-pantry">https://www.wnewbury.org/food-pantry</a>	West Newbury	
Westford Food Pantry	Westford	Food Pantry	Wednesdays: 5:00 PM – 7:30 PM Fridays: 8:30 AM – 11:00 AM  Closed 11/26, 11/28, 12/24, 12/26, & 12/31 November 26 and 28 December 24, 26 and 31	20 Pleasant St., Westford, MA	<a href="https://westfordpantry.org/">https://westfordpantry.org/</a>	Westford, Chelmsford/North Chelmsford, Lowell, Billerica/North Billerica, Dracut, Groton, Littleton, and Tyngsboro	Westford residents may receive a full order of food once per week. Residents of other listed towns may receive a full order twice per month (every other week).
Shushan Farm	Wilmington	Little Pantry	Saturdays 10:00am-7:00pm Sundays 10:00am-7:00pm	838 Boutwell Street	<a href="https://www.facebook.com/ShushanFarm">https://www.facebook.com/ShushanFarm</a>	All Towns	The bottom shelf of the Shushan Farm farmstand will now be a community food shelf, starting November 1st. Farmstand is stocked with home-made baked goods and other treats.
Wilmington Food Pantry	Wilmington	Food Pantry	Monday, November 24 4:30pm-6:30pm Wednesday, December 17 4:30pm-6:30pm  Otherwise, 2nd and 4th Wednesday of the month 6:30pm-7:30pm	Old South School House 142 Chestnut Street	<a href="http://www.wilmingtoncommunityfund.org/food-pantry.html">http://www.wilmingtoncommunityfund.org/food-pantry.html</a>	Wilmington	Proof of residence and application indicating income information required.
EnKa Pantry	Winchester	Food Pantry	By Appointment Only: Sundays 8:30am-2:30pm Mondays 1:30pm-7:30pm	1037 Main Street	<a href="https://enkasociety.org/food-pantry-3/">https://enkasociety.org/food-pantry-3/</a>	Winchester	Use of EnKa Pantry is limited to one time per month and does not prohibit individuals or families also visiting the Woburn pantry. EnKa Pantry is open to all households through prearranged appointments. Transportation available upon request.
Anchor Baptist Church	Woburn	Food Pantry	Saturdays 9:00am-10:00am	29A Montvale Avenue (Left Side Entrance)	<a href="http://www.anchorbaptistwoburn.com/weekly_food_bank">http://www.anchorbaptistwoburn.com/weekly_food_bank</a>	All Towns	Weekly pantry
St. Anthony's Pantry	Woburn	Food Pantry	Tuesdays and Thursdays 9:00am-12:00pm and by appointment	Building behind the church at 851 Main Street	<a href="https://irp.cdn-website.com/ec5a99a0/files/uploaded/Pantry%20-%20FOSA.pdf">https://irp.cdn-website.com/ec5a99a0/files/uploaded/Pantry%20-%20FOSA.pdf</a>	Woburn	
St. Vincent de Paul Society Pantry	Woburn	Food Pantry	By appointment only, every 2 weeks	Lower level of the St. Charles Borromeo Church Parish Center at 8 Summer Street	<a href="https://svdpwoburn.org/need-help/svdp-food-pantry/">https://svdpwoburn.org/need-help/svdp-food-pantry/</a>	Woburn	Our pantry includes refrigerated, boxed and canned goods, as well as hygienic products and is available by APPOINTMENT ONLY. We are also able to provide thrift store items such as linens, clothes, bed sheets and items of that nature.
Dwelling Place - United Methodist Church	Woburn	Prepared Meal	Mondays, Wednesdays, Saturdays at 5:00pm	523 Main Street Side Entrance	<a href="https://www.facebook.com/UMCWoburn/">https://www.facebook.com/UMCWoburn/</a>	Woburn	Dinner can be eaten together, or taken home.
Council of Social Concern	Woburn	Food Pantry	By appointment:  Tuesday, Wednesday, and Thursday to browse  EMERGENCY BOXES Monday through Friday, 9:00am-4:30pm	2 Merrimac Street	<a href="https://www.socialconcern.org/service/interior-design/">https://www.socialconcern.org/service/interior-design/</a>	Woburn, Winchester	Use of the Food Pantry is open to all households, but limited to one time per month. Wednesday evening hours are open by appointment for those who work or go to school during the day. Staff distribute special holiday food baskets. During December, extra holiday food and gift cards to local markets are given out during regular visit hours. Call or email to make an appointment.
Project Bread Food Source Hotline		Resource Line	Monday-Friday 8am-7pm, Saturday 10am-2pm	N/A	<a href="https://projectbread.org/get-help">https://projectbread.org/get-help</a>		Call or text Project Bread's Food Source Hotline to receive information about food resources in their area or talk with a Project Bread counselor. Assistance is available in 180 languages.
Greater Boston Food Bank Resource Search		Resource Line	24/7	N/A	<a href="https://www.gbfb.org/need-food/">https://www.gbfb.org/need-food/</a>		If you or someone you know needs food, enter your ZIP code in the Agency Partner Locator below to find available food assistance options in the community.
WIC		Resource Line	Monday-Friday 9am-5pm	N/A	<a href="https://www.mass.gov/orgs/women-infants-children-nutrition-program">https://www.mass.gov/orgs/women-infants-children-nutrition-program</a>		At this time, the federal government shutdown is not impacting WIC services in MA.

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MA Healthy Incentives Program		Resource Line	Monday-Friday 8am-7pm, Saturday 10am-2pm	N/A	<a href="https://www.mass.gov/info-details/massachusetts-healthy-incentives-program-hip-frequently-asked-questions">https://www.mass.gov/info-details/massachusetts-healthy-incentives-program-hip-frequently-asked-questions</a>		The Healthy Incentives Program (HIP) is a Massachusetts program that applies state funds to your purchase when you use your EBT card to buy fruits and vegetables at participating farms. Keeping \$.01 in your SNAP account will allow you to continue accessing HIP funds during the shutdown. Find HIP CSA farms at <a href="https://www.dtafinder.dtadash.ehs.mass.gov">https://www.dtafinder.dtadash.ehs.mass.gov</a>
Meals on Wheels MA		Agency		300 Rosewood Drive, Suite 30, Danvers	<a href="https://www.massmealsonwheels.org/">https://www.massmealsonwheels.org/</a>	Statewide	Meals may be free, have a suggested donation or be paid for on a sliding scale, based on your location, income and need.
Lasagna Love		Prepared Meal Delivery	Once per month	Volunteer-based	<a href="https://lasagnalove.org/">https://lasagnalove.org/</a>	Statewide based on volunteer availability	Once a Month Volunteer Prepared Meal Delivery dedicated to providing compassionate food assistance to families and individuals in need. Our program offers a monthly delivery of nutritious, volunteer-prepared meals to ensure that households can enjoy a warm meal despite challenging circumstances. Whether you need a helping hand once a month, our caring volunteers are here to support your family's meal needs. To request a meal, simply check for volunteer availability in your area and fill out a request form. We aim to connect you with a local volunteer who will coordinate the delivery directly, although please be aware that wait times may vary based on volunteer availability. We're committed to making sure families receive the nourishment and care they deserve, one meal at a time.
Too Good to Go App		Other			<a href="https://www.toogoodtogo.com/en-us">https://www.toogoodtogo.com/en-us</a>		The Too Good To Go app is a free platform that connects users with local food businesses, such as restaurants, bakeries, and grocery stores, to sell their surplus food at a reduced price through "Surprise Bags". Users browse for available bags, reserve and pay for them in the app, and then pick them up during a specified time window. This system helps both consumers save money and businesses reduce food waste.
Flashfood App		Other			<a href="https://flashfood.com/">https://flashfood.com/</a>		mobile application that connects shoppers with grocery stores selling food items nearing their "best before" date or are surplus at a significant discount, typically around 50% off.